**Training Fiche**

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| Title  | Cybersecurity and Data Protection for VET Operators |
| Ref. DigCompEdu  | Area 6: Facilitating Learners Digital Competence |
| Keywords (meta tag) | Cybersecurity, cybercrime, antivirus, data protection, phishing, spam, the Internet |
| Language | English |
| Objectives / Goals / Learning outcomes | * To know the dangers of the Internet.
* To learn how to browse safely and to avoid cybercrime.
* To protect our data from potential cyberattacks.
* Understanding antiviruses: criteria, types and free options.
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| Description | The online world offers an unmeasurable number of resources and information that can help us both in our learning and in our daily lives. Nevertheless, it also has different dangers that can compromise our security. In this course, you will learn how to identify these cyberthreats, as well as how to avoid them, protecting your identity and ensuring your security on the Internet. |
| Contents arranged in 3 levels | **Cybersecurity and Data Protection for VET Operators**1. **Cybersecurity**
	1. What is cybersecurity
	2. Dangers on the Internet
	3. Tips for staying safe online
2. **Data protection**
	1. What is data protection?
	2. Data protection tips
	3. Learn how to choose an antivirus.
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| Self-evaluation (multiple choice queries and answers) | 1. Which is a cybercrime?
2. VPN
3. Avira
4. **Phishing**
5. What should we consider when looking for an antivirus?
6. Compatibility
7. Reliability
8. **Both are correct**
9. What should we do if we receive a link form an unknown sender?
10. Open it and check what it is
11. **Do not open it and report the message**
12. Return another link
13. How can we protect our data?
14. Publishing content frequently
15. Sending mails with our information to our acquaintances
16. **Keeping the software up to date**
17. What should a strong password include?
18. User information
19. **Uppercase, lowercase, numbers and special characters**
20. Credible words
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| Toolkit (guidelines, best practices, checklist, lessons learned…) | Name  | Cybersecurity Cheklist Tool |
| Description | A checklist designed to ensure your company digital security from potential cyberattacks and threats. |
| File name |  |
| Resources (videos, reference link)  |  |
| Related material |  |
| Related PPT |  |
| Bibliography  | <https://www.incibe.es/protege-tu-empresa/blog/el-ataque-del-man-middle-empresa-riesgos-y-formas-evitarlo> <https://latam.kaspersky.com/resource-center/definitions/what-is-cyber-security> <https://www.ncsc.gov.uk/section/board-toolkit/home> <https://latam.kaspersky.com/resource-center/preemptive-safety/antivirus-choices> <https://blog.malwarebytes.com/cybercrime/2018/08/under-the-hoodie-why-money-power-and-ego-drive-hackers-to-cybercrime/> <https://protecciondatos-lopd.com/empresas/suplantacion-de-identidad/>  |
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